



The Heritage School Wellness Policy

In our ongoing effort to provide a safe and healthy environment for our students the following policy has been developed to help us with this goal. Most students do not have any health concerns which make them more vulnerable to infections; however, there are those who may have an underlying medical condition, which if exposed to even minor infection could be drastically affected.

- Please, be sure to consult your physician for appropriate precautions concerning illnesses.
- Students with a bacterial infection must have been on an antibiotic for 24 hours before returning to school.
- If a student becomes ill during the school day, parents are notified, to pick-up students. For this reason, it is imperative that emergency numbers are current and up-to-date.
- Students with a temperature of over 100 degrees will be sent home.
- Students must be fever free for 24 hours without fever reducing medicines. If there is any question contact the health office.
- Students must be free of illness in order to participate in parties, field trips, assemblies, performances, sports, or any extra-curricular activity sponsored by the school.
- Please, report to the school nurse any of the following:

All communicable diseases

Any serious illness or health problem concerning the student

Any event that may cause the student physical or emotional stress

To further ensure that our students stay healthy while they are at school, students should be free of the following symptoms for 24 hours before returning to school:

Fever

Red Itchy Eyes

Excessive Nasal Congestion

Nausea or Vomiting

Diarrhea

Excessive Coughing

Ear Ache

We will send any student home with the above symptoms if considered a risk to others.

Thank you for your cooperation, as we try to provide a positive educational environment.